

Job Description – DE84

PLEASE NOTE – WHEN COMPLETING THE APPLICATION FORM IT IS ESSENTIAL THAT THE REFERENCE NUMBER IS INCLUDED ON THE FORM. IF THE REFERENCE NUMBER IS NOT COMPLETED, THE APPLICATION WILL BE REJECTED.

As a Personal Assistant, you will be required to assist a mobile, older lady living in the Loundsley Green area of Chesterfield. The post is for 1.5 hours in the morning and 30 minutes in the evening 6 days a week. 12 hours per week in total with flexibility. It would be helpful if you can work extra hours to provide cover when needed. The rate of pay is £10.00 per hour.

Below is a list of the duties and tasks involved in this position;

Personal Tasks;

- Assistance getting dressed and undressed.
- Assistance with washing and showering (just needs someone to be in the house whilst having a shower).

Domestic Tasks;

- Light household duties; Vacuuming, dusting, laundry, ironing and generally ensuring house is clean and hazard-free etc.

Social Tasks;

- Driving the employer to and from meetings and appointments.
- Generally helping to make trips outside the home go smoothly.

General Tasks;

- Putting out rubbish for collection.
- Enabling the employer to carry out their chosen activity whether inside or outside of the home by carrying out any other request which may be reasonably made.

Car driver preferred. You must have insurance cover for business use.

General Information

It is the job of the personal assistant (pa) to assist the employer in all areas of personal and domestic need, and to act as a driver, an escort and aide in the person's social and day to day activities.

Traditionally, people have been 'cared for' and looked after by 'carers'. Your job as a P.A. is not to **care** for or look after the employers but to provide appropriate assistance at the right time, thereby facilitating them to take control over their lives, and to increase independence.

The P.A. should understand their role in facilitating the self-defined needs of the person. They should always ask what the employer's needs are and listen to the requests and directions given.

P.A.'s should be able to handle the physical skills of lifting, pushing and bending. One does not have to be a strong person physically to do the job. However, general good health is important.

Personal Qualities

A personal assistant must be:

- Trustworthy
- Reliable and Responsible
- Discrete and respect the importance of confidentiality
- Conscientious
- Responsive to instructions
- Capable of taking a back seat
- Sensitive and observant enough to know when their assistance is needed
- Flexible and adaptable
- Lively and outgoing with a good sense of humour
- Patient and tolerant of other's difficulties.
- Able to recognize the boundaries of the role and to remain within these

Personal Assistants Responsibilities

- Arrive at the scheduled time, ready to work. Notify if you are going to be arriving late when possible, give advanced notice of holiday leave and whenever possible sick leave. **Punctuality and reliability are essential.**
- If problems or queries arise, it is important to discuss and resolve them immediately with the individual and with his carers, when working on a one to one basis, it is important to be as open in your communication as possible.
- Since you will have access to confidential information concerning all aspects of the person's life, it is important that you respect the privacy of the person you are working with. Try to be discrete and professional at all times.
- Respect the lifestyle, routine and opinions of the person with whom you work. Do not interfere or impose your own judgments and opinions unless requested to do so. Remember, your job is to enable the person to lead an independent lifestyle of **their** choosing.

- Assistants should respect the possessions and home of the individual; your 'workplace' is their home. Use of the telephone, heating etc is at the individual's prerogative.

Learning the Job

The employer is the person best qualified to know what their needs are and how they can be best assisted. The best way to learn the tasks involved is by listening to the employer's requests, by working with his carers and asking for guidance when necessary. Most difficulties can be resolved by the personal assistant and the employer working together.

PLEASE NOTE:

Derbyshire Coalition for Inclusive Living will NOT be your employer – you will be employed by an individual disabled person. DCIL acts as an agent to distribute application forms on behalf of disabled people, but has no part in selection or short listing of applicants. DCIL is unable to answer questions about when or how applicants will be selected or when interviews will be held.